First announcement & call for abstracts
A combined congress with SECOT / Congreso combinado EFORT - SECOT

Madrid, Spain
2-5 June 2010

www.efort.org
A combined congress with SECOT - Sociedad Española de Cirugía Ortopédica y Traumatología
Dear Participant,

Welcome to the EFORT Congress 2010, to be held in Madrid, Spain, in combination with the annual congress of the Spanish Orthopaedic and Traumatology Society. The EFORT Executive Committee and the Spanish Orthopaedic and Traumatology Society are delighted to invite you to participate in this Congress in beautiful Madrid – a capital known for its architecture and art. It also has a convenient and well situated congress venue.

The scientific programme includes symposia and instructional lectures delivered by distinguished speakers from across Europe. Free papers, e-posters, workshops, industrial symposia and technical exhibits will all feature. There will be simultaneous translation in the combined plenary sessions whereas the congress language remains English.

Controversial case discussions and pro and con debates invite you actively to contribute and share your knowledge with colleagues from all around Europe. Furthermore, in our half-day ExMEx sessions you will gain specialised expertise and share information with different opinion leaders on a specific topic in a group limited to 100 colleagues.

For the scientific programme we have successively increased collaboration with our speciality society partners. Along with the scientific exhibition, this congress format will cover the whole range of contemporary orthopaedics and traumatology issues in Europe. At the EFORT congress in Madrid we will share scientific findings, experience and gain a greater awareness of future trends.

Our local organising committee has planned an attractive social programme that emphasises Madrid’s beauty and magnificence.

Join us in Madrid and enjoy a first-class training programme.

Prof. Dr. Karl-Göran Thorngren
EFORT President 2008/2009

Dr. Manuel Cassiano Neves
Secretary General
Welcome address from the SECOT
Local organising committee

Queridos colegas,

Queremos daros la bienvenida al Congreso Combinado EFORT-SECOT que se celebrará en Junio del año 2010 en Madrid (España), donde nos encontraremos para intercambiar conocimientos científicos, construir nuestro futuro más inmediato y fortalecer la cohesión de nuestra Federación.

Por primera vez se realizará un congreso combinado entre la EFORT y una Sociedad Nacional como la SECOT, que supone casi el diez por ciento de nuestra sociedad ortopédica europea. Aunque la mayoría de sesiones serán en inglés, hemos dispuesto la celebración de sesiones plenarias con traducción simultánea Inglés-Español (una cada día del congreso), durante la cual no tendrá lugar ninguna otra actividad paralela y sobre cuatro temas:

- Estado actual del tratamiento de los politraumatizados
- Avances recientes en las infecciones del aparato locomotor
- Tratamiento de la enfermedad metastásica
- Registro de artroplastias

poniendo al día el estado actual en Europa de estos temas. Para ello en cada una de las sesiones participarán dos destacados miembros de la sociedad científica europea y dos miembros de la SECOT. Los resúmenes para el congreso combinado podrán remitirse en español o en inglés indicando el deseo de participar en las actividades SECOT o EFORT. Tras la promoción de este congreso por toda América esperamos una nutrida asistencia de miembros de las sociedades latinoamericanas, para las que también se han preparado actividades científicas de especial relevancia.

Dear Colleagues,

We would like to remind you of the forthcoming Joint EFORT-SECOT Congress to be held in Madrid (Spain) in June 2010. I am convinced that the Congress will give us a unique opportunity to exchange scientific knowledge, construct our immediate future and enhance the cohesion of our Federation.

This is the first time that EFORT co-organises one of its congresses with a national Society. SECOT, which accounts for almost ten percent of EFORT’s membership, is extremely proud to work together with EFORT in the organisation of this event.

Although most sessions will be held in English, we have decided that every day there will be a plenary session with English/Spanish simultaneous interpretation. Each of these plenary sessions will introduce the state of the art in some of the most salient topics in orthopaedics:

- Treatment of multiple trauma patients
- Recent advances in musculoskeletal infections
- Treatment of metastatic disease
- Arthroplasty registers

Abstracts for the Joint Congress can be submitted in either Spanish or English, indicating whether you wish to participate a SECOT or an EFORT session.

As we are promoting this Congress among our Latin American colleagues, we expect a good turnout of members from the different Latin American societies, for whom we have prepared highly interesting scientific activities.

Os esperamos en Madrid
We look forward to seeing you all in Madrid

Prof. Dr. Enric Cáceres Palou
Presidente SECOT 2008-2010
Chairman LO Madrid 2010
## GENERAL ORGANISATION

EFORT Central Office  
Technoparkstrasse 1  
8005 Zurich, Switzerland  
Phone +41 (44) 448 4400  
Fax +41 (44) 448 4411  
E-mail event@efort.org  
www.efort.org

## INVITATION TO PARTICIPANTS

Welcome from the EFORT Executive Committee  
Welcome from the SECOT Local Organising Committee  
Societies

## FORTHCOMING 11TH EFORT CONGRESS MADRID

Call for abstracts  
Congress at a glance  
Preliminary scientific programme  
Preliminary social programme  
Registration and fees  
Payment and cancellation policy  
General information

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Travel information

## ACCOMMODATION

Hotel information

## TOURS

Optional tours
## NATIONAL MEMBER SOCIETIES

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<tr>
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<td>AAOST</td>
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<td>Macedonian Association of Orthopaedics and Traumatology</td>
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<td>French Society of Orthopaedic Surgery and Traumatology – Société Française de Chirurgie Orthopédique et Traumatologique</td>
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<td>Germany</td>
<td>BVOU</td>
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<td>Polish Orthopaedic and Traumatologic Society – Polskiego Towarzystwa Ortopedycznego i Traumatologicznego</td>
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<td>Association of Orthopaedists and Traumatologists of the Russian Federation</td>
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<tr>
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<td>SOA/ZOSZD</td>
<td>Slovenian Orthopaedic Association – Združenje ortopedov Slovenskega zdravniškega društva</td>
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<td>Spain</td>
<td>SECOTr</td>
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<tr>
<td>United Kingdom</td>
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<td>British Orthopaedic Association</td>
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## SPECIALITY SOCIETIES AND AFFILIATED ORGANISATIONS COLLABORATING IN MADRID*

<table>
<thead>
<tr>
<th>Speciality Society</th>
<th>Name</th>
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<tr>
<td>ARTOF</td>
<td>Association for the Rational Treatment of Fractures</td>
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<tr>
<td>EBUIS</td>
<td>European Bone and Joint Infection Society</td>
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<tr>
<td>EFAS</td>
<td>European Foot and Ankle Society</td>
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<td>EFOST</td>
<td>European Federation of National Associations of Orthopaedic Sports Traumatology</td>
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<tr>
<td>EHS</td>
<td>European Hip Society</td>
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<td>EORS</td>
<td>European Orthopaedic Research Society</td>
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<td>EPOS</td>
<td>European Paediatric Orthopaedic Society</td>
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<td>ERASS</td>
<td>European Rheumatism and Arthritis Surgical Society</td>
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<tr>
<td>ESPA</td>
<td>European Society of Pelvis and Acetabulum</td>
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<td>ESSESE/SECEC</td>
<td>European Society for Surgery of the Shoulder and the Elbow – Société Européenne pour la Chirurgie de l’Épaule et du Coude</td>
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<tr>
<td>FESSH</td>
<td>Federation of the European Societies for Surgery of the Hand</td>
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<tr>
<td>FORTE</td>
<td>Federation of Orthopaedic Trainees in Europe</td>
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<tr>
<td>ICRS</td>
<td>International Cartilage Repair Society</td>
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<tr>
<td>ISLASS</td>
<td>International Society of Laser and Percutaneous Procedures in Surgical Spine</td>
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* As per May 2009
ABSTRACT SUBMISSION
The abstract submission system is accessible through the EFORT portal at www.efort.org, from 31 July 2009.

CATEGORIES OF ABSTRACT SUBMISSION
EFORT offers the following 14 categories:

General Orthopaedics
1 General orthopaedics/complications/basic science/technology
2 Osteoporosis
3 Infection
4 Pain control/rehabilitation and non-surgical management
5 Bone and joint tumours
6 Sports/knee soft-tissue

Lower limb
7 Hip
8 Knee osseous
9 Foot/ankle/leg

Polytrauma
10 Polytrauma

Spine
11 Spine (incl. trauma)

Upper limb
12 Shoulder/elbow/arm/forearm
13 Hand and wrist

Paediatrics
14 Paediatrics

Please note that EFORT does not accept resubmissions, and that only abstracts submitted electronically can be accepted!

ONLINE SUBMISSION PROCEDURE
After logging on to the EFORT portal, be sure to follow the onscreen instructions precisely as they lead you through the submission process. There is no restriction on the number of abstract submissions and you can proceed using the same login and password for all your abstracts. Some information is mandatory, however, and you will not be able to proceed further if you do not complete the fields. Please also note that you may modify your abstract(s) until the submission deadline date. Consider your submission category carefully. In case of discrepancy between your topic and its category, EFORT reserves the right to change the category or reject your abstract. EFORT accepts a maximum of two oral presentations and five e-posters per registered participant. For more details, please visit: http://abstracts.efort.org

INFORMATION ON ABSTRACT ACCEPTANCE
The results of the abstract acceptance process will be published on the EFORT portal on 2 January 2010. The presenting author of a selected abstract must undertake to attend the Congress and present the abstract in the session and at the time designated by the Scientific Committee. EFORT therefore requires all authors to register by 31 January 2010 at the latest.

TECHNICAL SUPPORT
Technical support will be provided for authors of abstracts as detailed in the online guidelines under http://abstracts.efort.org
Please send all requests concerning electronic submissions for the 11th EFORT Congress by e-mail to: abstracts@efort.org.

ORAL PRESENTATIONS (FREE PAPER SESSION)
Computer projection only will be available for presentations in the meeting rooms. To ensure that sessions run smoothly, please refer to the „presentation guidelines” available on http://abstracts.efort.org
The 3 best free papers will be honored with the EFORT Free Paper Award.

E-POSTER PRESENTATIONS
The poster presentations will be in electronic format. A large display area with E-posters will be dedicated to poster presentations. Out of the best scored e-posters the 10 best will be selected during the congress. They will be granted with a lump sum of 1.000 EUR each, the winners will be informed after the congress.
**CONGRESS DEADLINES**

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<tr>
<th>Event</th>
<th>Date</th>
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<tr>
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<td>Early registration</td>
<td>31 January 2010</td>
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<tr>
<td>Preliminary programme available</td>
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**PRELIMINARY CONGRESS SCHEDULE**

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**EXHIBITION SCHEDULE**

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<tr>
<td>Thursday, 3 June</td>
<td>From 9.00 to 18.30</td>
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<tr>
<td>Friday, 4 June</td>
<td>From 9.00 to 18.30</td>
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</table>
The EFORT 2010 scientific programme will consist of:

- Plenary sessions with simultaneous translation available (English – Spanish)
- Symposia
- Instructional lectures
- Interactive controversial case discussions
- “Experts meet Experts” (ExMEx) sessions: www.efort.org/madrid2010/exmex
- Comprehensive review course: www.efort.org/madrid2010/CRC
- Free paper sessions
- E-Posters/video presentations

**HIGHLIGHTS**

- Hip: Any problems left?
- Knee: Modern trends
- Trauma: Quo vadis?
- Shoulder/elbow: Fix or replace?
- Foot/ankle: To fuse or not to fuse
- Musculo-skeletal infections
- Sports: Biotechnology and performance
- Foot/ankle: To fuse or not to fuse
- Hand and wrist: New implants
- Bone and joint tumours: Current treatment options
- Osteoporosis: Role of orthopaedics
- Basic science: Advancing therapeutics
- Infection: The ongoing struggle
- Pain control/rehabilitation and nonsurgical management: Progress and new modalities
- Spine: Is more better than less?

**PLENARY SESSIONS (EFORT & SEcot)**

Admission to all Congress participants.

Simultaneous translation English – Spanish

- State of trauma care in Europe
- Arthroplasties in Europe: Quality assurance and registries
- Basic science: Advancing therapeutics
- Infection: The ongoing struggle
- Pain control/rehabilitation and nonsurgical management: Progress and new modalities
- Surgical and non-surgical treatments in tumour care in Europe, metastasis in bone diseases

**THE COMPREHENSIVE ORTHOPAEDIC REVIEW COURSE (CRC) – 4 JUNE**

Primary target attendees: Young orthopaedic surgeons, residents in training

Pre-registration is mandatory

Max. capacity: 100 participants

Fee*: EUR 120 (early registration)

This course aims to teach the knowledge that is needed for every specialist, and to broaden the participant’s orthopaedic horizon. This course provides up-to-date presentations in five major areas:

- Lower extremity
- Upper extremity
- Spine
- Paediatrics
- Basic science

Attending this comprehensive full-day review course will provide the necessary knowledge base to prepare for the European Board examination (EBOT). Registration for this course is separate from the overall Congress registration.

More information at: www.efort.org/madrid2010/CRC

**EXPERTS MEET EXPERTS SESSION (EXMEX)**

Primary target attendees: Confirmed specialists and senior consultants

Pre-registration is mandatory

Max. capacity: 100 participants per session

Fee*: EUR 50 (admission with congress registration only)

This format is a comprehensive review of specific surgical techniques. A critical review of the individual presentations will take place. There will be ample opportunity for each attendee to speak directly with the presenters. Active involvement on the part of attendees will maximise the benefits of this unique encounter between faculty members and experienced participants. There will be one ExMEx session each day. Preliminary session titles are**:

- Knee arthroplasty
- Paediatric foot
- Severe mid-foot injuries
- Arthroscopic surgery

More information at: www.efort.org/madrid2010/exmex * VAT included **subject to change
You and your accompanying person(s) are cordially invited to attend our social programme during the 11th EFORT Congress in Madrid!

OFFICIAL OPENING AND WELCOME RECEPTION

- **Date**: Wednesday, 2 June 2010
- **Time**: 18.45 – 20.00
- **Place**: IFEMA - Madrid
- **Programme**: Official opening addresses followed by a reception
- **Participants**: Registered participants, registered accompanying persons and industry representatives

MADRID NIGHT

- **Date**: Thursday, 3 June 2010
- **Time**: 20.00 – 24.00
- **Venue**: Palacio del Negralejo
- **Programme**: Dinner followed by typical musical entertainment
- **Dress code**: Informal
- **Price**: EUR 89 (VAT included), including transport to and from the city centre and IFEMA
- **Admission**: Pre-booked tickets are required

CHARITY 5 KM RUN

Join us for this sunrise charity event!

- **Date**: Friday, 4 June 2010
- **Time/start**: 06.00
- **Meeting point**: Will be announced online
- **Registration fee**: Will be announced online

To register for this event, please visit: www.efort.org/madrid2010/sunrise

*All race proceeds will benefit research through the EFORT Foundation.*
In the interests of efficiency, we kindly ask you to register yourself and your accompanying person(s) exclusively online through the EFORT portal at www.efort.org, or on the Congress website www.efort.org/madrid2010/registration. All fees are indicated in EUR, incl. VAT.
The latest date for pre-registration is 10 May 2010. Registrations received after this date will not be considered and will have to be resubmitted on site.

Congress venue
IFEMA
Feria de Madrid
North Convention Centre
(access from Northern entrance)
28042 Madrid, Spain

The Feria de Madrid - IFEMA is only 3km from Barajas international airport. Its privileged position is further enhanced by the modern "Campo de las Naciones" station situated on line 8 of the underground rail system (metro), which links the Parque Ferial Juan Carlos I with both the heart of the city and Barajas airport in record time.

Congress secretariat
OIC srl
Viale G. Matteotti, 7
50121 Florence, Italy
Phone +39 (055) 50351
Fax +39 (055) 5001912
E-mail congressinfo@efort.org

Online registration:
www.efort.org/madrid2010/registration

Registration fee for participants includes (not applicable to CRC)
- Admission to all scientific sessions, industry exhibition, poster area
- Admission to opening ceremony and welcome reception
- European CME credits
- Meeting documentation (incl. IL book)
- Abstract CD
- Certificate of attendance
- Voucher for local transport pass

Registration fee for participants in the CRC includes
- Admission to the full-day CRC course on 4 June (approx 8.00 - 17.00)
- Admission to the industrial exhibition (on day of CRC course only)
- Lunch box
- European CME credits
- Certificate of attendance
More details at: www.efort.org/madrid2010/CRC

Registration fee for accompanying persons includes
- Admission to opening ceremony and welcome reception
- Two half-day tours (A2 & B2, see page 17 for details)
- Voucher for local transport pass

Registration fee does not include
- Lunches and refreshments
- Social programme
- Optional tours
- Hotel costs

Please note that only fully registered participants will be admitted to the scientific sessions!
## Payment and cancellation policy

**Early registration deadline: 31 January 2010**  
**Pre-registration deadline: 10 May 2010**

<table>
<thead>
<tr>
<th>Registration fees (including VAT)</th>
<th>Registration BEFORE 1 February 2010</th>
<th>Registration BETWEEN 1 February 2010 and 10 May 2010</th>
<th>Registration ON SITE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants</td>
<td>EUR 360</td>
<td>EUR 430</td>
<td>EUR 480</td>
</tr>
<tr>
<td>Residents in training*</td>
<td>EUR 190</td>
<td>EUR 270</td>
<td>EUR 340</td>
</tr>
<tr>
<td>Students, nurses and allied care providers*</td>
<td>EUR 120</td>
<td>EUR 140</td>
<td>EUR 190</td>
</tr>
<tr>
<td>Registration for nurse session only*</td>
<td></td>
<td>EUR 50</td>
<td></td>
</tr>
<tr>
<td>One-day registration</td>
<td>On site only</td>
<td>On site only</td>
<td>EUR 210</td>
</tr>
<tr>
<td>ExMEx sessions</td>
<td>EUR 50 each</td>
<td>EUR 50 each</td>
<td>EUR 50 each</td>
</tr>
<tr>
<td>The Comprehensive Orthopaedic Review Course (CRC) 4 June 2010</td>
<td>EUR 120</td>
<td>EUR 120</td>
<td>EUR 150</td>
</tr>
<tr>
<td>Accompanying Person</td>
<td>EUR 130</td>
<td>EUR 150</td>
<td>EUR 170</td>
</tr>
</tbody>
</table>

* Certificate from training director, copy of student card or proof of occupation is required within 14 days of registration, otherwise the regular fee will be applied.

The latest date for pre-registration is **10 May 2010**. Registrations received after this date will not be considered and will have to be resubmitted on site.

Please note that your registration and/or hotel reservation cannot be processed without payment. Please submit your payment information together with the completed registration form. You may pay by credit card or bank transfer (see details below). We strongly encourage on-line registration (credit card payment only).

You can choose from the following payment methods:

<table>
<thead>
<tr>
<th>Credit cards</th>
<th>The following credit cards are accepted</th>
<th>American Express, VISA, MasterCard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bank transfer</td>
<td>Bank name, Bank address, Account name, IBAN, SWIFT code</td>
<td>Cassa di Risparmio di Firenze, Ag. 1 Viale Matteotti 20r, 50132 Florence, Italy OIC srl IT39 S061 6002 8010 0001 0628 C00 CRFIIIF</td>
</tr>
<tr>
<td>Charges</td>
<td>Bank transfers must not result in charges for the recipient.</td>
<td></td>
</tr>
<tr>
<td>Important information</td>
<td>Please state your first name and surname plus EFOR 2010 as reference on your payment so that we can identify you for confirmation.</td>
<td></td>
</tr>
</tbody>
</table>

**CONFIRMATION**  
You will receive a confirmation only after both your form and payment have been received.

**NAME CHANGES (REPLACEMENTS)**  
Name changes are accepted for an extra charge of EUR 56/change (VAT included).

**CANCELLATIONS AND REIMBURSEMENTS FOR INDIVIDUALS**  
Any changes or cancellations in connection with registration fees, hotel accommodation or excursions must be made in writing to OIC srl  
Fax +39 055 5035230,  
e-mail registration@efort.org

In case of cancellations received:
- Before 15 December 2009  
The amount paid will be refunded with a deduction of 30% as a penalty charge.
- Between 15 December 2009 and 30 March 2010  
The amount paid will be refunded with a deduction of 50% as a penalty charge.
- After 30 March 2010  
No refund will be made for cancellations or no-shows.

Refunds will be processed after the Congress.
Badges
Participants and accompanying persons receive individual name badges when registering at the Congress. According to our guidelines, these name badges must be worn at all times throughout the Congress and evening functions. No admittance can be granted if the name badge is not clearly visible!

Bank services
Banks in Madrid open on weekdays between 9.00 and 14.00. On Saturday they open between 8.30 and 13.00. Government offices are usually open between 9.00 and 14.00. You can change cash or travellers cheques in currencies of the developed world without a problem at virtually any bank or bureau de change (usually indicated by the word cambio). There are also many banks in central Madrid, most of which have ATMs. Exchange offices are open for longer hours than banks but generally offer poorer rates. Also, keep a sharp eye open for commissions at bureaux de change.

Climate
At 666.9 meter, Madrid is the highest European capital. Spring and summer are great times to visit the city. June is a sunny month, with very warm temperatures – an average minimum of 15° C and an average maximum of 27° C.

Cloakroom and storage
A cloakroom and luggage deposit located at the main entrance will be available during the official Congress time schedule. The congress centre and the organisers are not responsible for any items lost or left behind.

Congress language
The official Congress language is English. During the plenary sessions, English-Spanish simultaneous translation will be provided.

Disabled persons
The congress centre is easily accessible to disabled persons. Kindly address any request for special assistance to the Congress secretariat: OIC srl, Viale Matteotti 7, 50121 Florence, Italy. Fax +39 055 5001912, e-mail congressinfo@efort.org

First aid
A first aid room is available at the congress centre. Please ask any staff member for help.

Food and refreshments
Lunch and refreshments are not included in the registration fee. You can buy lunch and refreshments in several catering areas within the congress centre.

Industry exhibition
The industry exhibition is open to pharmaceutical companies, manufacturers of medical and surgical equipment, software and scientific publishers. The industry exhibition is located in Pavilion 9 at the North Convention Centre - IFEMA and is open according to the session time-table.

Insurance
The organisers are not responsible for individual medical, travel or personal insurance. Participants and accompanying persons should arrange their own cover.

Internet connections
Workstations with an internet connection will be available during the Congress opening hours. Participants are kindly requested to limit internet usage to five minutes to allow as many participants as possible to use this service.
Local transport

The Feria de Madrid – IFEMA is only 3km from Barajas international airport. Its privileged position is further enhanced by the modern “Campo de las Naciones” station situated on line 8 of the underground rail system (metro), which links the Parque Ferial Juan Carlos I with both the heart of the city and Barajas airport in record time.

By road: You can reach IFEMA on the M-40, A-10 and N-II.

By public transport: Bus EMT Line 122 (from Avenida de America to Parque Ferial), EMT Line 112 (from Mar de Cristal to Parque Ferial). Special transport: Canillejas-IFEMA line 828 from the Canillejas metro station, line 5.

Metro: Line 8 to Campo de las Naciones.

Among the 24-hour taxi services are Radio-Taxi (91 405 55 00, 91 445 90 08, 91 447 51 80) and Tele-Taxi (91 371 21 31, 902 501 130). Radio-Teléfono Taxi (91 547 82 00, 91 547 86 00) runs taxis for people with a disability in addition to normal services. A green light on the roof means the taxi is available (libre).

Fair shuttle: Two shuttle buses will be available to provide internal transportation within the IFEMA Madrid. Stops are in front of Puerta Sur (200 m from the Campo de las Naciones metro stop), Halls 5 and 8 (car park), and Puerta Norte (EFORT congress entrance).

Car parking: There are several parking areas (charges apply) around the congress centre.

Lost and found

For lost and found items, please refer to the cloakroom.

Mobile phones

Mobile phones are strictly prohibited during all scientific sessions.

No smoking policy

Smoking is strictly prohibited during all meetings and sessions, and in the exhibition halls, at all times.

Passports and VISA Requirements

Spain is one of the 27 member countries of the Schengen Convention. Legal residents of one Schengen country do not require a visa for another Schengen country. Nationals of many other countries, including Australia, Canada, Israel, Japan, New Zealand and the USA, do not require visas for tourist visits of up to 90 days. If you are a citizen of a non-Schengen country not mentioned in this section, check with a Spanish consulate whether you need a visa. If in doubt, please consult a travel agent or the Spanish Embassy. For further information, please visit the website of the Spanish Ministry of Foreign Affairs: www.maec.es. The organisers accept no responsibility for the correctness of this information. Applications for official invitation letters for visa purposes will be accepted by the Organising Secretariat up to 30 March 2010.

Social programme and tours desk

This desk is located in the registration area at the congress centre. Please refer to the staff at this desk for information about the Congress social programme and optional tours.

Travel desk

A travel desk will operate in the registration area during business hours.
The highest capital in Europe, Madrid is situated almost at the geographical centre of Spain on a high central plain (meseta). It is also at the heart of the Spanish economic, political and communications systems. The city is compact and easy to navigate on foot, with most of the sights of interest found in the downtown area between the Royal Palace and Parque del Retiro.

Art and nightlife are the two main reasons to choose Madrid. The city’s art galleries, including the renowned Prado and The Museo Nacional Centro de Arte Reina Sofia (devoted to 20th century Spanish art, with works by Miro, Dali and Picasso), contain a huge number of works of art. Art-lovers, of course, will particularly revel in a holiday in Madrid, but the city has something to offer anyone who enjoys exploring the world’s great capitals, from parks to flea markets, from flamenco shows to tiny taverns.

As if this weren’t enough, there is also the Plaza de Toros, Spain’s largest bullring, where regular bullfights are still held. And sports fanatics can enjoy footballing action from Real Madrid and Atletico de Madrid, Spain’s most famous football teams.
The Feria de Madrid - IFEMA is only 3km from Barajas international airport. Its privileged position is further enhanced by the modern “Campo de las Naciones” station situated on line 8 of the underground rail system (metro), which links the Parque Ferial Juan Carlos I with both the heart of the city and Barajas airport in record time.

**BY AIR**

Official air carrier

The airlines that make up SKYTEAM, the official alliance network for our event, offer attractive air fares for participants.

SKYTEAM comprises 10 leading international airlines: Aeroflot, Aeromexico, Air France, Alitalia, Continental, CSA Czech Airlines, Delta, KLM, Korean Air, and northwest Airlines. Together they serve 728 cities in 149 countries with over 15,000 flights daily.

To benefit from these special offers, go to www.skyteam.com, click on “Plan Global Meetings” and quote the identifier code 0749S.

Through this site you can also access the schedules of all SkyTeam partners to plan your flights on the airline of your choice.

**BY ROAD**

You can reach IFEMA on the M-40, A-10 and N-II Car parking: There are several parking areas (charges apply) around the congress centre.

**BY PUBLIC TRANSPORT**

**Bus:** EMT Line 122 (from Avenida de America to Parque Ferial), EMT Line 112 (from Mar de Cristal to Parque Ferial). Special transport: Canillejas-IFEMA line 828 from the Canillejas metro station, line 5.

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### Booking and Reservation Contact

The Congress secretariat holds allocations of rooms at preferential rates. Only bookings made in advance through OIC Way srl will secure these rates. Participants are asked to book online via the Congress website www.efort.org, available from September 2009. All rates quoted on the hotel booking form are per room and per night. Rooms can also be booked for periods shorter or longer than that of the 11th EFORT Congress. No telephone reservations can be accepted.

OIC Way srl  
Viale G. Matteotti, 7  
50121 Florence, Italy  
tel. +39 (055) 5035203  
fax +39 (055) 5001912  
E-mail registration@efort.org

### Hotel Information

<table>
<thead>
<tr>
<th>Category</th>
<th>Single occupancy min/max in EUR</th>
<th>Double occupancy min/max in EUR</th>
<th>Deposit in EUR</th>
</tr>
</thead>
<tbody>
<tr>
<td>5*</td>
<td>220 / 380</td>
<td>250 / 450</td>
<td>450</td>
</tr>
<tr>
<td>4*</td>
<td>145 / 290</td>
<td>150 / 330</td>
<td>330</td>
</tr>
<tr>
<td>3*</td>
<td>100 / 215</td>
<td>110 / 230</td>
<td>230</td>
</tr>
</tbody>
</table>

### Hotel Categories

All rates quoted on the hotel booking form are per room and per night (not per person). Room rates also include breakfast, service, taxes and private facilities, unless otherwise stated. Indicate your first choice of hotel category on the hotel booking form, and also your second choice of category that we should book if your first choice is unavailable.

As single rooms are limited, double rooms for single occupancy will be assigned if necessary. In such cases, the price will be slightly lower than the double-room rate and will be indicated in the confirmation of room details. You are requested kindly to return the hotel booking form, giving details of required accommodation, together with the appropriate deposit (see chart). Early booking is recommended to avoid disappointment.

### Confirmation of Reservation

Please note that to confirm the hotel reservation, your deposit must be received by 30 March 2010. Upon receipt of your full payment, OIC Way srl will send you the details of your reservation, including the hotel name and full address. If the due balance is not received by the deadline, the reservation will not be confirmed.

### Group Reservations

All hotel reservations will be handled on a first come, first served basis. Group reservations (more than five rooms) through travel agencies, companies etc. will receive separate contracts.

### Deadline for Guaranteed Accommodation

Accommodation cannot be guaranteed for requests received after 30 March 2010, although OIC Way srl will make every effort to meet your requirements. We will operate on a first come, first served basis with incoming requests. Reservations will be processed only if a deposit is received.
A. Panoramic Madrid and walking tour
A beautiful overview of Madrid. Starting from Paseo de la Castellana, through Calle Alcalá, Paseo del Prado and Gran Via. Then Plaza de España, stopping to see the monument to Don Quixote, before on to the Royal Palace. Here, we get off the bus and continue our visit on foot through 16th century Madrid – Madrid of the Austrias (the Habsburg dynasty).
Price: EUR 55 per person (incl. bus and guide)
A1 – Wednesday 2 June – 9.00-13.30
A2 – Thursday 3 June – 9.00-13.30
for registered accompanying person only

B. Walking tour: 16th Century Madrid (Madrid of the Austrias)
From Plaza de Oriente with the Royal Palace and the Madrid Cathedral, to Puerta del Sol, visiting the oldest monuments, buildings and squares in Madrid, such as Plaza de la Villa and Plaza Mayor.
Price: EUR 30 per person (incl. guide)
B1 – Thursday 3 June – 9.00-13.00
B2 – Friday 4 June – 9.00-13.00
for registered accompanying person only

C. Walking tour: 18th Century Madrid (Madrid of the Bourbons)
This tour goes along Paseo del Prado, the area of Madrid remodelled under the rule of Charles III. It is now the “triangle of arts”, with the Prado Museum, the Reina Sofia Museum and the Thyssen Bornemizsa Collection. It also features Madrid’s most famous fountains: Cibeles and Neptuno. The tour ends at the Atocha railway station to see the tropical garden that has grown inside since 1992
Price: EUR 30 per person (incl. guide)
C1 – Wednesday 2 June – 9.00-13.00

Optional tours
Pre-booked tickets will be included in the participant’s personal envelope, which is handed over upon registration. Additional tickets may be purchased subject to availability on site at the tour desk in the registration area. The meeting point for all tours will be stated on the tickets. For further information, please contact OIC Way, socialevents@efort.org, tel. +39 055 5035309.

All tours will be conducted in English
D. Toledo – full day
Toledo, a World Heritage Site, is 70 km south of Madrid. It was the capital of Spain until 1561, and is known as the city of three cultures because of the harmonious coexistence and cooperative work of Christian, Arab and Jewish translators in the famous Toledo Translation School. The visit includes the magnificent Primate Cathedral of Toledo, St Thomas’s Church with its famous painting by El Greco, as well as synagogues, mosques and the spectacular St John’s Church (San Juan de Reyes).
Price: EUR 100 per person (incl. bus, guide, lunch, entrance fee to the Primate Cathedral and St. Thomas’s Church)
D1 – Thursday 3 June – 9.00-17.00
D2 – Friday 4 June – 9.00-17.00

E. Escorial and the valley of the fallen – full day
The Escorial Monastery – 50 km north-west of Madrid (one-hour bus ride): the two-hour visit includes the monarchs’ private rooms, the Royal Pantheon, the Basilica and the Library. The town of El Escorial is a good place for lunch afterwards. On the return journey to Madrid, there is a scheduled stop to visit the Valle de los Caidos, eight kilometres away.
Price: EUR 100 per person (incl. bus, guide, lunch, entrance fee to El Escorial and the Valle de los Caidos)
E1 – Thursday 3 June – 9.00-17.00

F. Royal palace of Aranjuez – full day
The Royal Palace of Aranjuez – 40 km south of Madrid: a visit to the Royal Palace, gardens and a 25-minute visit (in groups of 10) to the Casi-
ta del Labrador, a mansion built on the site of a simple worker’s house in the palace grounds. It is also possible to visit the Museo de Falúas Reales, which houses the tenders the court used on the River Tajo in the 18th and 19th centuries. After lunch in the town of Aranjuez, a walk round Chin-
chon, a typical small town nearby, and then back to Madrid.
Price: EUR 100 per person (incl. bus, guide, lunch, entrance fee to the royal palace)
F1 – Friday 4 June – 9.00-17.00
For patients who still have great plans

BIOLOX® gives them the time.

Thanks to the outstanding material properties of high performance ceramics, BIOLOX® makes arthroplastic wear couples last longer. **Artificial joint components made of BIOLOX® ensure excellent survival rates and a high quality of life for your patients!**

- High abrasion resistance
- High biocompatibility
- No third-body wear

Want to know more? We’ll be happy to send you our new brochure "BIOLOX® – Ceramics for Hip Arthroplasty" with scientific information about wear couples. Please send your order to:

Fax: +49 7153 811 950 or eMail: medical_products@ceramtec.de

CeramTec AG, Medical Products Division, www.biolox.com
Forthcoming
EFORT Congress
12th EFORT Congress
Copenhagen, 1-4 June 2011